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Dear Student,

At every footstep we have to face certain exams. Examinations add to our ability, patience, perseverance and other good qualities. Board exams are probably the first challenge a student will face among many other challenges that will be thrown at you later in life.

I would like to wish to students of Kendriya Vidyalays appearing in the forthcoming Session Ending and Board Examination. It's not the time to lament and repent. It's the time to consolidate whatever you have studied so far and train yourself to perform your level best in the Board exam.

The secret of success lies in putting hard work with strategic planning and frequency of revision. You must not only prepare well, but also know the art of presenting the knowledge in the best possible manner. Go ahead with confidence and show your potential as it will be a decisive factor for most of your future endeavours. Besides, it is also important to control stress to keep healthy and fit. Close to examinations, a few children are stressed out as they are trying to meet the aspirations of their parents and teachers. The fear of failure and poor performance gives them nightmares. Never fear exams. Avoid panic and most important, do not worry about your results. Give your best shots and move over.

I would also request your parents to:

1. encourage children and boost their morale without exerting any undue pressure in the last moment.
2. facilitate good quality of sleep (minimum six hours) and balanced diet during Exams to the children
3. advise the children to reinforce what they have already studied instead of looking for new books or new chapters

I am sure that all of you have been studying with full concentration and will perform well. I would like to share from my experience some useful tips which will help you in long way for your success:

1. Remain positive and cheerful always
2. Eat healthy food and take ample rest
3. Strictly avoid any kind of distraction: mobile, computer etc.
4. Practice regular CBSE sample question papers before seeing their answers
5. Study the marking scheme after practice
6. Study with regular time table
7. Don't waste time but have some time for fun also
8. Reach examination hall before time with full confidence on the day of examination
9. In the beginning, attempt the questions you are sure to answer correctly
10. Make diagrams wherever possible while attempting the questions
11. Be careful about your handwriting and presentation
12. Make sure that you have attempted all the questions
13. Cross check your answer sheet twice
14. Don't be in a hurry to leave the examination hall after completing the exam. Wait till the last second of the exam.
15. Be happy always. If you are cheerful and confident, you will surely get some extra marks.

"Success is the sum of small efforts, repeated day in and day out"

ALL THE BEST



(U.N. Khaware)
Additional Commissioner (Acad.)